

number	name	Splits			Swim	Rank	Bike	Rank	Run	Rank	Total	Rank		
Rank	Short Individual Ladies			Swim	Bike	Run	Swim	Rank	Bike	Rank	Run	Rank		
1	243	Bonny Perron	0:07:20	0:31:45	0:46:22	0:07:20	8	0:24:25	1	0:14:37	3	0:46:22	1	
2	246	Ali Postma	0:07:10	0:31:44	0:46:39	0:07:10	7	0:24:34	2	0:14:55	4	0:46:39	2	
3	248	Alie Karman	0:09:35	0:39:42	0:51:25	0:09:35	6	0:30:07	4	0:11:43	1	0:51:25	3	
4	253	Bonnie Roefs	0:07:57	0:37:32	0:51:50	0:07:57	9	0:29:35	3	0:14:18	2	0:51:50	4	
5	269	Laura Hermeltjen	0:08:30	0:38:43	0:55:54	0:08:30	10	0:30:13	5	0:17:11	6	0:55:54	5	
6	252	Annabelle Roefs	0:06:30	0:37:20	0:59:51	0:06:30	4	0:30:50	6	0:22:31	7	0:59:51	6	
7	254	Caren Eckrich	0:09:36	0:43:33	0:59:52	0:09:36	15	0:33:57	7	0:16:19	5	0:59:52	7	
Rank	Short Individual Mens			Swim	Bike	Run	Swim	Rank	Bike	Rank	Run	Rank	Total	Rank
1	245	Joey Postma	0:06:15	0:31:35	0:45:41	0:06:15	2	0:25:20	2	0:14:06	2	0:45:41	1	
2	251	Paul Bouter	0:09:45	0:35:02	0:49:12	0:09:45	6	0:25:17	1	0:14:10	3	0:49:12	2	
3	244	Andre Perron	0:08:45	0:35:18	0:49:45	0:08:45	4	0:26:33	3	0:14:27	4	0:49:45	3	
4	256	Mark van Bruggen	0:09:07	0:36:09	0:50:13	0:09:07	5	0:27:02	4	0:14:04	1	0:50:13	4	
5	271	Juan Jose	0:06:54	0:34:57	0:58:51	0:06:54	3	0:28:03	5	0:23:54	7	0:58:51	5	
6	255	Frans Roefs	0:11:01	0:43:34	0:59:50	0:11:01	7	0:32:33	6	0:16:16	5	0:59:50	6	
7	242	Alex Yates	0:13:00	0:50:44	1:08:18	0:13:00	9	0:37:44	8	0:17:34	6	1:08:18	7	
8	247	Peter Karman	0:11:13	0:44:33	1:12:21	0:11:13	8	0:33:20	7	0:27:48	8	1:12:21	8	
9	270	Noel Hayden	0:13:00	0:55:29	1:24:26	0:13:00	9	0:42:29	9	0:28:57	9	1:24:26	9	

rank	Short Team				splits	Swi	Bike	Run	Swim	Rank	Bike	rank	Run	Rank	Total	Rank	
1	249	Timothy Richards	249	Xerzyan Wedevoort	250	Marcel Spruit	0:06:58	0:29:12	0:44:35	0:06:58	2	0:22:14	1	0:15:23	3	0:44:35	1
2	264	Basi Spruit	264	Gina Schreiner	265	Alexander Tromp	0:06:13	0:33:27	0:46:00	0:06:13	1	0:27:14	2	0:12:33	1	0:46:00	2
3	266	Antje Gunther	266	Kyra v/d Keuken	267	Antje Gunther	0:17:40	1:08:35	1:23:36	0:17:40	4	0:50:55	3	0:15:01	2	1:23:36	3
4	257	JJ Swagers	257	Agata Nava Peralta	258	Ava Wuylts	0:09:15	1:02:58	1:23:37	0:09:15	3	0:53:43	4	0:20:39	4	1:23:37	4

Rank	number	name	Splits			Swim	Rank	Bike	Rank	Run	Rank	Total	Rank		
Rank	Long Individual Ladies			Swi	Bike	Run	Swim	Rank	Bike	Rank	Run	Rank			
1	139	Thara van der Borgh	0:16:24	0:57:37	1:25:30	0:16:24	2	0:41:13	1	0:27:53	1	1:25:30	1		
2	142	Jeanine Beau van der Schuur	0:12:20	1:01:41	1:30:25	0:12:20	1	0:49:21	4	0:28:44	2	1:30:25	2		
3	135	Diana Isabel	0:19:22	1:04:05	1:36:30	0:19:22	8	0:44:43	2	0:32:25	4	1:36:30	3		
4	132	Kelly Mattes	0:17:46	1:06:50	1:40:20	0:17:46	6	0:49:04	3	0:33:30	5	1:40:20	4		
5	136	Andrea Magni	0:19:04	1:10:46	1:41:46	0:19:04	7	0:51:42	5	0:31:00	3	1:41:46	5		
6	140	Emma Doyle	0:16:30	1:09:18	1:44:12	0:16:30	3	0:52:48	8	0:34:54	7	1:44:12	6		
7	128	Vivian Vroom	0:17:26	1:12:36	1:46:20	0:17:26	4	0:55:10	9	0:33:44	6	1:46:20	7		
8	145	Melissa Thern	0:19:23	1:11:10	1:46:54	0:19:23	9	0:51:47	6	0:35:44	8	1:46:54	8		
9	131	Nan Donoghue	0:17:30	1:10:10	1:52:22	0:17:30	5	0:52:40	7	0:42:12	9	1:52:22	9		
Rank	Long Individual Mens			Splits	Swi	Bike	Run	Swim	Rank	Bike	Rank	Run	Rank	Total	Rank
1	130	Wout Hendricks	0:14:25	0:55:00	1:16:21	0:14:25	1	0:40:35	1	0:21:21	1	1:16:21	1		
2	127	Bart Smits	0:15:12	0:56:26	1:20:40	0:15:12	2	0:41:14	2	0:24:14	2	1:20:40	2		
3	147	Ceasar	0:16:05	0:57:51	1:24:26	0:16:05	4	0:41:46	3	0:26:35	4	1:24:26	3		
4	129	Paul Bouman	0:17:46	1:09:14	1:33:46	0:17:46	6	0:51:28	7	0:24:32	3	1:33:46	4		
5	126	Helmer Hofman	0:15:21	1:06:40	1:39:34	0:15:21	3	0:51:19	6	0:32:54	8	1:39:34	5		
6	136	Andrea Magni	0:20:40	1:09:30	1:41:45	0:20:40	10	0:48:50	4	0:32:15	7	1:41:45	6		
7	143	Seth Lennea	0:19:04	1:10:46	1:41:46	0:19:04	7	0:51:42	8	0:31:00	6	1:41:46	7		
8	138	Sagar Nandwani	0:22:20	1:14:35	1:44:21	0:22:20	11	0:52:15	9	0:29:46	5	1:44:21	8		
9	144	jaime Baynton	0:19:45	1:20:00	1:55:18	0:19:45	9	1:00:15	10	0:35:18	9	1:55:18	9		
10	141	Luis Diaz	0:19:30	1:10:46	1:55:59	0:19:30	8	0:51:16	5	0:45:13	10	1:55:59	10		
11	125	Guus van Eerde	0:17:36	DNF	2:18:40	0:17:36	5					2:18:40	11		

Rank	Long team				splits	swi	Bike	Run	Swim	Rank	Bike	Rank	Run	Rank	Total	Rank	
1	122	Floortje Asperen Vervenne	122	Peter Winterwerp	123	Simone Sweers	0:12:20	1:05:30	1:24:20	0:12:20	1	0:53:10	4	0:18:50	1	1:24:20	1
2	133	Ruby van den Berge	133	Daan Peeters	134	jaedan crestian	0:12:25	0:57:57	1:24:25	0:12:25	2	0:45:32	2	0:26:28	3	1:24:25	2
3	137	Rob van Kasteel	137	Anders Sandberg	137	Anders Sandberg	0:15:40	0:58:00	1:29:00	0:15:40	3	0:42:20	1	0:31:00	4	1:29:00	3
4	124	Elena Werdath	124	Inge van Bergen	124	Inge van Bergen	DQ	0:52:55	1:17:01	DQ		0:46:00	3	0:24:06	2		